



Job Description – Caregiver

Place of Employment: Client homes, work sites outside of the client home as required and other work sites as required Lifestyles Assisted Living LLC. management.

Accountable to Lifestyles Assisted Living Director, Administrator, Manager, Supervisor or Nurse-in-Charge.

Job Summary: The Caregiver is a front-line position acting as a representative Lifestyles Assisted Living and providing the services offered by the company. The Caregiver duties are not limited to those listed as the position has a wide scope of duties at times dependent on the client and always under the auspices of the company. The Caregiver will mostly work independently of co-workers or supervisors and therefore must balance good judgement and initiative along with the policies of the company.

It should be noted that emphasis is for the Caregiver to involve the client in the care program to help provide the client with the basic standards of healthy living as follows:

- Physical Activity
- Mental Stimulation
- Personal Contact
- Nutrition
- Relaxation
- Humour

Work Hours: This position may require various shifts at various times (including nights, weekends, and sleep-over) in one or more work sites.

Duties: The following list of duties is a guideline of possible duties to be performed independently or as a group of duties in the course of working with the client. The Caregiver duties are not limited to those listed.

- A. **Companionship**
One of the most important aspects of **Lifestyles Assisted Living** will be providing customers with a strong sense of self-esteem and independence. Taking a genuine interest in the client, their life and their environment will help create true sense of companionship. Whether it is playing a favourite board game or card game, reading, taking a stroll or visiting with friends and neighbours, companionship provides the depth of our services.
- B. **Housekeeping, Laundry, and Pet Care**
The CAREGIVER will provide dusting, washing hardwood and flooring, vacuuming carpets and furniture, changing bedding, scrubbing the bathroom; pre-washing, washing, drying, ironing and folding laundry; defrosting refrigerators/freezers; cleaning ovens/stoves and china cabinets; caring for house plants; taking out garbage and general tidying of living spaces as required or requested. It also includes caring for pets including grooming, feeding, exercising, walking, playing, cleaning up after the pet.
- C. **Kitchen Work**
Grocery shopping, preparing menus and meals, cooking, baking, serving, assisting with eating, washing and drying dishes and general tidying up is included.
- D. **Transportation and Escort**
A CAREGIVER may drive their car and transport a client to an appointment or errand if the CAREGIVER has written authorization from the company to do so. The CAREGIVER may also escort the client to appointments or errands providing a helping hand or shoulder to lean on.

Qualifications:

1. Current certificate in standard first aid and CPR.
2. Valid driver's licence and reliable transportation
3. Ability to work independently.
4. Excellent communication and listening skills.
5. Compassionate, patient and caring nature.
6. Able to work in a stressful environment.
7. Must be physically and mentally fit to handle the demands of care giving.

General Notes:

The Caregiver will be required to maintain a safe working environment for themselves and their clients. There may be emergency situations where the Caregiver will have to react quickly with sound judgement. The scope of duties described in this document may not include all duties to be performed by the Caregiver and is subject to change.

Manager or Supervisor's Signature

Employee's Signature

Date

Date